

Hot specials

Eat In Take Away

FROM THE HOT COUNTER

Sausage, Leek & Bean Casserole 11.00 9.00
Served with Basmati Rice

Jerk Spiced Chicken On Rice *GF D* 11.00 9.00
Served with Mixed Salad Leaves

Roast Vegetable & Halloumi Lasagne *v* 9.50 7.00
Served with leaves

Quiche: Spring Onion, New Potato & Cheddar *v* 8.50 6.90
with 2 salads (leaves, health bowl, carrot salad)

Fat little pizza *v* 7.00 5.70
with salad leaves

Soup: Courgette, Pea & Mint *v Ve GF D* 5.50 4.00
with an Olive oil roll or a slice of our brown bread
(gluten free bread is available for an extra 60p)

SALADS

Smoked salmon *GF D* Eat In T/A
with a spoon of each of our regular salads 10.00 8.60

Tudge's ham salad plate *GF D* 10.50 9.70
with a spoon of each of our regular salads

Hummus and olive salad plate *GF D v* 9.00 7.70
with a spoon of each of our regular salads

Cheese salad plate *GF v* 8.00 7.20
with a spoon of each of our regular salads

Simple salad bowl *GF D v* 4.50 3.60
a spoonful of each our three salads (leaves, health bowl, carrot salad)

V – vegetarian Ve – vegan GF – gluten free D – dairy free

If you have any questions on allergens – please ask